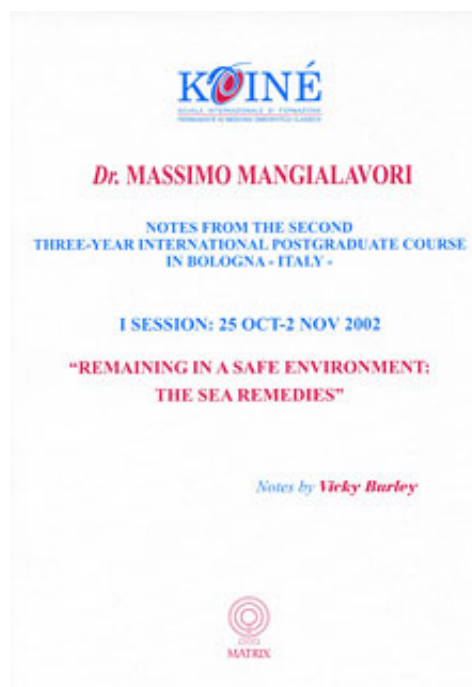


Massimo Mangialavori

Notes, Session 1

Reading excerpt
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Narayana Verlag GmbH
Blumenplatz 2
D-79400 Kandern, Germany
Tel. +49 7626 9749 700
Fax +49 7626 9749 709
Email info@narayana-publishers.com
<http://www.narayana-publishers.com>

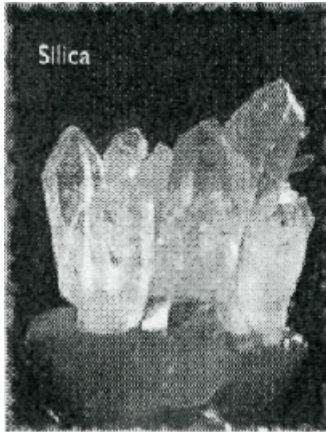
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Calcarea Silicata



Animals mostly use *Calcium* to make their frame, whilst plants mainly use *Silica* to make their frame. The most primitive plants were mostly composed of *Silica*.

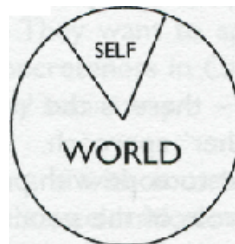
For *Silica*, things are black or white. It is like a computer.

In some ways, *Calcarea silicata* has some similarities with *Spongia*. This is because *Spongia* contains a lot of *Silica*.

(*Lapis A/bus* is a mixture of *Calcium*, *Fluorum* and *Silica*.)

One of the most important characteristics of *Calcarea silicata* is that if you combine the extreme weakness of *Calcium* with the extreme weakness of *Silica*, you have an extremely extreme weakness of *Calcarea silicata*. One of the main things differentiating *Calcium* and *Silica*, is that usually in *Calcium* you have this basic lack of support -> someone finds out different strategies to seek this support. In the case of *Silica*, they are so rooted in the feeling of being support-less that they think that the only possibility is to support themselves. Usually, in most of the cases of *Calcium*, you find somebody who is seeking for a person who is much stronger than them. In *Silica*, normally they seek out somebody who is much weaker than them, so that they can play the role of the strong one.

One of the most common, basic strategies for *Silica* to cope with the world is to say, "I am weak. The only things that I can do are so little, and so poor, that I have to cope with this world by myself. I cannot trust in the support of anybody else. What I have to do is to limit my field of existence to the very few things I can do in the best possible way and to cut off whatever I cannot cope with".



Silica is not able to find any support. The feeling is that they have not received what they needed from the family. *Calcarea silicata* has this clear, deep feeling that nothing can be done to support them. So, they project out of this world their idealistic, beautiful support. Usually you find that they live with somebody who is very strong, and they have a kind of yielding attitude - like they are a complete victim - but as soon as the strong person dies, they become the ideal spouse. They consider at that point that the person was their only support. Death is one of the main problems for them to face. (*Calcarea carbonica* deletes the idea of painful concepts.) *Calcarea silicata* just sees that it is not true. "It's true that my husband is not here physically anymore but my house is full of pictures and he is just in a different dimension. He is now in such a powerful condition, that he can protect me constantly. He is a beautiful angel and can now do what he never did before." Very often, this may drive them a little bit crazy. It's a kind of extreme numbness of the problem.

