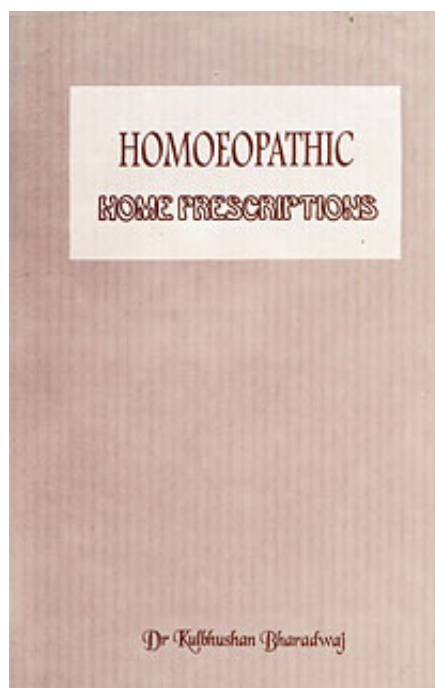


# Kulbhushan Bharadwaj

## Homoeopathic Home Prescriptions

Reading excerpt  
[Homoeopathic Home Prescriptions](#)  
of [Kulbhushan Bharadwaj](#)



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## PREFACE

Homoeopathy is not unknown to India. Like the American plant Bou- gain-vil-lea it has access to every hearth and home, to a degree. Even the beauty parlours and sanatives of varying description are patronising Homoeopathy in a salvo. In the same spirit quite a few sagacious families have taken upon themselves to develop their initiative and skill to be of some help to their Kith and Kin, when the need arises, making use of this system of cure. It is not plain pastime. It is the concern for the health of their family and friends. What makes it easier for them to adopt this system directly to ill persons is their being in an advantageous position of possessing the physical, emotional and mental totalities just before them at hand. Other co-efficients are picked up quickly and the job is done, as a first step, anyway.

Yet, they would like to be pretty sure of the 'perspicacity' and for this many of my patients and friends have suggested to me that I bring out a compact collection of standard prescriptions of intrinsic worth to the family, neither too intensive nor too extensive, which may be a sort of ready help in times of need at home. There are books galore on the subject but I reflected if I did some good to the cause of Homoeopathy, I should not mind. Hence this publication. At any rate, the services of the physician cannot be replaced and his monitoring and motivation are equally important.

I am conscious that a mighty theme like Homoeopathy should not be short-circuited. Actually this is not being done. What is being attempted is only to provide the house-holders an initiation through the 'perspective' and the 'ground rules' of practising i.e., picking up likely medicines for their ailments as a first step at home. Thereby, they will be getting involved

into a more purposeful lobby full of authentic and authoritative reading to give them a sound base, greater breadth of vision and practical wisdom.

While the brochure is being brought out in response to a specific demand, it needs to be stressed, as a basis of homoeopathic prescription, that the 'product' may not be mistaken for the 'process of disease'. By changing the process the product will itself be changed. That is the principle the novice and the adept both have to follow (whether at home or in professional practice) to effect a cure.

In compiling the HOMOEOPATHIC HOME PRESCRIPTIONS I have leaned heavily on the standard works of Masters, Healers, Practitioners and so on. I owe my debt to them for utilising these as my source-material. This is gratefully acknowledged.

I do not have adequate words to thank Dr. S.C. Madan for having agreed to write a Foreword to this publication. Besides being an eminent surgeon he also finds Homoeopathy of inestimable value. We often exchange notes with advantage. I am equally beholden to Dr. Sanjay Gupta, a reputed Cardiologist for writing the Proem to the publication.

I am also thankful to my publisher Shri K. L. Joshi, Proprietor of Parimal Publications who has been quite enthusiastic, cooperative and accommodating in bringing out the book with speed and efficiency.

If what is presented in this compendium does serve the end in view the author will be more than rewarded.

**DELHI**

27th March, 1995

Dr. K. BHARADWAJ